

Maharishi AyurVeda - Public Information

UK Product Name Detox Pitta (MA1663) **Code Name** MA1663
Availability Stock item in UK

Description Helps balance body odour and detoxify the whole body without a heating effect.
Detoxify the body and eliminate body odours
If your body has accumulated "Ama" in the fat tissue or liver, or you have been eating an impure diet, then your sweat becomes impure and your body can release a sour-smelling odour.

Detox Pitta provides nutritional support to gently detoxify the body and purify the sweat. This gentle combination of Ayurvedic herbs helps to purify the sweat and support the liver, metabolism and elimination.
Especially recommended for Pitta body types or those experiencing Pitta imbalances.

In Ayurveda, digestive impurities are called "Ama". They can disturb the liver, circulation, nutrition, elimination, blood, muscle and fat tissue. Even if you eat healthy food, if your digestion is not strong you will probably produce Ama. While some internal cleansers purify the colon and digestive tract only, Detox Pitta detoxifies your whole body by supporting the natural purification of the liver and metabolism.

Herbal Masterpiece

The herbs in Detox Pitta are combined in precise proportions and prepared the traditional Ayurvedic way. This improves bioavailability and assimilation of vital nutrients. It also creates synergy -- the collective benefit is much greater than isolated, individual herbs.

- Indian Sarsaparilla and Rosewood help flush toxins from the blood, muscle and fat tissue.
- Indian Madder, Sandalwood, Indian Tinospora and China Root help cleanse toxins from the body without aggravating Pitta dosha.
- Guggul, Indian Tinospora, East Indian Walnut and Cobra's saffron help remove toxic Ama from the body without heating the system or aggravating the liver.

Ingredients

Botanical Name	Common Name	Plant Part	Rank	%	Quantity(mg/500mg)
Hemidesmus indicus (Linn) R	Indian Sarsaparilla	root	1	23.17	115.9
Dalbergia sissoo Roxb.ex DC	Rosewood	bark	2	19.31	96.6
Rubia cordifolia Linn.	Indian Madder	root extract	3	10.86	54.3
Hemidesmus indicus (Linn) R	Indian Sarsaparilla	root extract	4	7.24	36.2
Balsamodendron mukul	Indian bedellium	Exudate	5	5.79	29.0
Smilax china Linn.	China Root	root	5	5.79	29.0
Santalum album Linn.	White sandalwood	heartwood	5	5.79	29.0
Callicarpa macrophylla Vahl.	Priyangu	flower	5	5.79	29.0
Tinospora cordifolia (Willd.) H	Gulancha Tinospora	stem extract	9	3.62	18.1
Glycyrrhiza glabra Linn.	Liquorice	root extract	9	3.62	18.1
Albizia lebbek (L) Benth.	East Indian Walnut	bark extract	9	3.62	18.1
Mesua ferrea L.	Cobra's Saffron	flower	11	1.93	9.7
Acacia nilotica subsp. toment	Gum Arabic	excipient:binder	20	1.98	9.9
Rice Hulls	Rice hulls	excipient: extract	21	0.99	5.0
Rice bran extract	Rice bran extract	excipient	22	0.49	2.5

Contraindications/Precautions

Over dose and its Management An intake of 2-3 times more than the recommended dose is generally well tolerated. In case of intake more than this, skip the next dose. In case of discomfort consult your health advisor.

Side Effects and Interactions None known

Potential Allergens

Usage

Age Group All
Dosage Form 500mg tablet

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Method of Use	Take 1-2 tablets twice daily with water after meals		
How Long to Continue Use?	Continue for not more than about 45 days.		
Specific Dietary/Lifestyle Advice			
Presentation			
Presentation	60 tablets in an HDPE pot with foil seal.		
Net Weight grams	30		
Storage	Store in a cool, dry, dark place, tightly closed		
Shelf Life (months)	36		
Regulatory Status	Food Supplement		